

Guidelines for starting a self-sufficient 'Tapovan Kendra'- 2020-21

Role:

The holistic development of the fetus is a very important task for the Children's University. To extend this work, the centers which are running or which will be started or established in the future at different places of the state will be known as 'Tapovan Kendra'. These 'Tapovan Kendras' will be functioning under the **Department of 'Prenatal Care and Education'**.

The work of Tapovan Center is to be extended throughout the state, in that case Tapovan Center will function as an independent department. The work of the Tapovan Center is a very important work as per the University Act, apart from the matters of policy, it can decide its own area and plan its work with the approval of the authorities of the time.

For this purpose, this work will be carried forward holistically through the four types of functions as prescribed in the Children's University Act, viz., Education, Training, Research and Extension. The proposed policy outlines the working and development of 'Tapovan Kendra' in relation to these four functions.

Research-

In which this work will be carried forward on the cornerstone of research as a department of antenatal care and education. The center's research work for antenatal care and education will carry out research in this area. These centers will be established

and managed by the university, which will test the principles of epigenetics at the anvil of research and create new knowledge in the field.

Tapovan Centers accredited by this department will provide an excellent model for topics such as fertilization, pregnancy, delivery and post-natal care.

Training

Under this work, training programs related to antenatal care and education will be organized, mainly involving the following beneficiaries.

1. Specialists working in antenatal care and education
2. As per Section 6(11) of the 'Tapovan Centres' under the Department of Antenatal Care and Education, the workers
3. Professionals or office workers pregnant women as well as regular 'Tapovan Kendra' can benefit but women who are willing to have excellent progeny.
4. Women and Child Health Workers
5. Students, Anganwadi workers and faculty studying in courses related to antenatal care and education.

Education Centre:

Under this work, courses fluctuating from certificate courses to higher level courses related to antenatal care and education will be conducted. Also, useful educational literature will be produced according to this subject.

Extension Service:

Under this work, the following works will be carried out under the extension service to bring the subject of pre-natal care and education to all levels and classes of the society.

- 1 Awareness programs for pregnant women and their families
2. Couple conventions
3. Advocacy of families regarding obtaining excellent
4. To expand the work of Garbha Sanskar through "Tapovan Kendras" at various places in Gujarat.
5. Adolescent Awareness Programs

The theme of 'Prenatal Care and Education' has four dimensions - Research, Education, Training and Extension. The draft has been prepared considering the policies for the purpose of recognition of 'Tapovan Kendras'.

Economic aspect for a self-sufficient 'Tapovan Kendra'

Centers recognized by the University for self-sustaining 'Tapovan Kendra' will have to bear the entire financial burden on the Trust/Institution.

Research work of 'Tapovan Centre'

Work Plan:

The 'Tapovan Centers' recognized by the University will undertake such research based activities at the centers based on the need and planning of the research department. (Section 6 (11)). Necessary committee-sub-committees should be constituted for implementation of program related to antenatal care and education, Like Committee for Maintaining Ethical Standards, Central Control and Development Committee etc. The research work and research projects of the 'Tapovan Centres' shall be supervised by the Research Council (as prescribed in Section 6 (11)) established by the Research Department.

Research Objectives of 'Tapovan Centre':

1. Conducting intensive research work on all aspects related to the stages from conception to birth of the infant.
2. To carry out research based on synthesis of Indian ancient lore and modern science related to epigenetics.
3. To examine the short-term and long-term effects of ancient Indian insemination procedures on the fetus and the unborn child.

Expansion work of 'Tapovan Kendra'

1. To create awareness based on eugenics in different areas of Gujarat.
2. Orienting pregnant women on healthy pregnancy and childbirth related procedures.
3. Demonstrating menstrual activities and activities during pregnancy.
4. Dispelling misconceptions, myths associated with pregnancy, establishing traditional scientific understanding.
5. To promote programs and schemes sponsored by the University and by the Government to ensure overall health of pregnant women and newborns.
6. To organize various types of conventions to get the support of family and society for 'Tapovan Kendra'.
7. To support healthy society and nation building by organizing programs necessary for building healthy women-child-family.
8. To prepare promotional literature to be useful to the workers of 'Tapovan Kendra' in community work.

Training work of 'Tapovan Centre'

Training programs related to antenatal care and education will be organized under the 'Tapovan Kendra', which will accommodate various beneficiaries. Such programs will be organized from time to time at 'Tapovan Kendra'. In-service training of counselor sisters working at 'Tapovan Kendra' and production of training literature will be undertaken. Coming to

'Tapovan Kendra' as a model of research and benefiting as an extension work Pregnant women other than professional or clerical pregnant women can also benefit from regular visits to 'Tapovan Kendra' but short term workshop for pregnant women who are willing to have excellent progeny. The work of garbha samskara will be further accelerated by planning, in which symbolic charges will be charged. For this, the counselors and trustees of 'Tapovan Kendra' have to cooperate in matters like registration of pregnant sisters, implementation of training etc. at the local level.

Training Objectives of 'Tapovan Kendra':

1. Conducting in-service training of 'Tapovan Kendra' counselors and other support workers.
2. Conducting short term training classes or workshops for pregnant women at Tapovan centers and creating awareness through it.
3. To equip persons desirous of gaining expertise in the field of Embryology and Embryology through short term training classes.
4. To provide necessary training to the workers in accordance with the new trends coming in the scope of the 'Tapovan Centre' and the research and expansion oriented projects of the University.
5. To produce training literature for the workers of 'Tapovan Kendra'.
6. To prepare quality oriented modules for training related to embryology and obstetrics.

Educational work of 'Tapovan Kendra'

Courses reaching from certificate to higher level in antenatal care and education related to fetal culture will be conducted, as well as useful academic literature will be produced related to this subject, through which 'Tapovan Kendra' will be able to play an important role in conducting the courses. The counselors and trustees of 'Tapovan Kendra' have to cooperate fully in the future plans of the education work.

Educational Objectives of 'Tapovan Centre':

1. To promote and disseminate the courses related to Garbha Sanskar in the University through 'Tapovan Kendra'.
2. At 'Tapovan Kendra', the University will allow centers to conduct various courses as required.
3. To produce educational material and literature in 'Tapovan Kendra'.

Manpower:

The following manpower will be required for the 'Tapovan Kendras' in relation to research, education, training and extension work. This manpower will carry out tasks like planning, research methodology, data collection and research report writing etc. assigned by the University. Also, will coordinate with centers as per requirement and requirement of research work. These researches can be in the fields of physiology, Ayurveda, social sciences etc.

- **One counselor- Post graduate in Psychology or Sociology**
- **Two field worker- Any Graduate**
- **One peon – 12 Pass**

General Policies and Conditions of 'Tapovan Kendra':

Policies and Conditions

1. A representative from the Trust will directly supervise the Centre. who will act as coordinator.
2. Enrollment (Admission) Fee Rs. 250/- which will be held entirely by the Trust/Institution. Education Fee Monthly Rs. 300/-. There will be a fee. 80 percent of the education fee income will be kept by the trust and the remaining 20 percent will have to be deposited in the university.
3. Salary Arrangement: The salary of all the workers appointed for the 'Tapovan Kendra' will be paid by the Trust/Institute as prescribed by the University.
4. The organization and staffing of the center at the local level will be the responsibility of the designated coordinator of the trust.

5. The 'Site Investigation Committee' of Children's University will visit the site once a year, based on the report of which it will be decided whether to hold the affiliation for the next year.

For this, the structure of the site investigation committee may be as follows.

- (1) Chairman of the Committee: The Director of Tapovan or a Professor nominated by him shall be.
- (2) One member: shall be a professor nominated by the Chancellor.

6. The above committee will perform the following functions.

- (1) Visit the Center and make suitable suggestions after knowing the good things and difficulties of the Centre.
- (2) To assess the status of implementation of the recommendations of the Committee in the previous year's visit to the Centre.
- (3) The current status and future development of the center will be discussed with the consultant, representatives of the trust and well-wishers.
- (4) Prepare and submit a detailed report in the format prescribed by the University on the basis of the intensive interview.

7. All the centers shall be bound by the rules laid down by the Government and the University from time to time.

8. The counseling sisters of the 'Tapovan Centres' run under the guidance of the University must participate in the training conducted from time to time. The initial training of the counseling sisters of the newly joined Tapovan Center will be for one week consecutively.

9. Application Fee and Other Charges:

Detail	Self-finance 9 Rs/-
Application fee	500
Processing /Visit - Fee	5000
Deposit	5000
First Affiliation	15000
Re-Affiliation fee	10000

10. Annual performance evaluation-form for the staff of the Centre/Institution/Trust shall be filled by the Trust and reviewed and approved at the University level.

11. If the Trust wants to close the 'Tapovan Centre', it will have to follow the rules laid down by the University.

12. The University may cancel the recognition of the Center in the following cases.

12.1 Change of trustees, changes in constitution, reshuffle in appointed staff, etc., without the knowledge of the University.

12.2 Place of study etc. should be changed without prior approval of the University.

12.3 Application for rejoining is not made within the prescribed time limit.

12.4 Fees charged in excess of or different from the financial norms prescribed by the University.

12.5 Doing activities that harm the reputation of the University.

12.6 Any other matter which appears to be contrary to the purpose of sanctioning such centre.

13. The Trust shall seek or inform the University in such cases as below.

1. When Tapovan wants to change the location of the center
2. When there is a change in the constitution of the trust
3. Regarding planning of public program related to Tapovan Centre

4. Long leave (maternity, chronic illness etc.) of Tapovan Kendra worker and interim appointment of consultant for the same.

5. Regarding casual leave of Tapovan Center workers

6. Regarding change of office bearers in the Trust

14. Validation year will be from June to May.

15. The work of sale of literature published by the University shall be done, in which 30% commission shall be payable to the Center as per the rules of the University.

16. Full support should also be given to non-sanctuary activities and programs as prescribed by the University.

17. Selection of consultant will be done through interview. The composition of the interview committee will be as follows.

(1) Chairman- President/Minister of the Trust

(2) Trustees

(3) Representative of the University

(4) Subject Expert – 2

18. Tapovan Central Library- To set up a library as per the list of books suggested by the Children's University.

19. To make the Tapovan Center more active and expand its scope of work, the university will provide strength through intensive interaction and consultation with the well-wishers.

20. Promotional and awareness programs like Parivar Sammelan, Pregnant and Maternal Mothers Sammelan will have to be conducted.

21. From time to time the benefits of university schemes can be availed.

22. The final decision regarding affiliation and re-affiliation of Tapovan Center will be with Children's University.